

# For Parents

**Children lack math facts fluency. As a result, they:**

- Struggle to learn new concepts and fall behind.
- Develop a fear of math.
- Believe they are not good at math.

**A solution: Effective home practice: Right After Dinner! RAD**

Right after dinner, children use an app to practice for five minutes, towards a clear, attainable goal. Get the app free at [studysmart.com](http://studysmart.com).

**Why Right After Dinner? RAD**

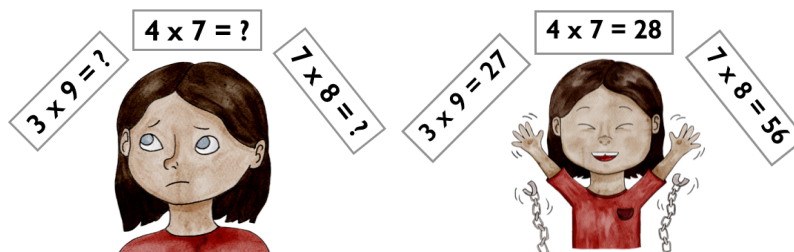
- Attaching a new routine to something you do everyday makes it easier to develop the new routine.
- When parents are present, children practice with more effort.
- When children practice well every day, they make progress.

**Benefits of RAD**

- Children gain math facts fluency and build a home practice routine.
- Children develop study skills, grit, perseverance, and confidence.
- Parents have a simple way to stay aware and involved.
- Instead of forgetting facts over the summer, children learn them better than ever.

**Posting on social media helps your child and other children**

Take a pic or video of your child practicing. Post it. Let your child know you are proud. This is highly motivating for your child, and it helps other parents learn about RAD.



***Children who master math facts  
are free to enjoy math!***